



Is college important?

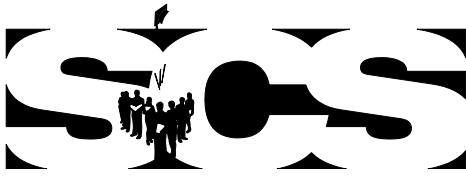
- ✓ Friends and associates will be more interesting, more abundant, and more helpful.
- ✓ Increased control of your own life and your job.
- ✓ Easier to find a career.
- ✓ Make more money.
- ✓ Opportunity to create and invent.

College and Life are competitive.

You start college
BEHIND
Your competition

What are the **STRATEGIES** for Success?

- 1) Take **fewer classes** your first year!
- 2) Don't take more than **1 key class** each semester.
- 3) Get on campus **early** and stay on campus **all day**.
- 4) Get tutoring in each class - **It's FREE!** Don't wait until you get a bad grade!
- 5) Go to your professor's **office hours**.
- 6) Get in productive study groups.
- 7) **Join campus programs** designed to help you catch up (e.g. AAP at UCLA).
- 8) **Go to bed by 11pm!**
- 9) Choose a major and a minor that **leads to a job**.
- 10) Manage your grade point average. If your GPA is **3.5 or above** it is *easier* to get accepted into graduate and professional schools and *easier* to get a job.
- 11) Use your summers - They can be **25%** of your entire educational experience. A) *summer school*, B) *jobs and internships*, and C) participate in *study abroad* programs.
- 12) Go to your career counseling center *early* and often.
- 13) Make LESS mistakes. Bad choices can waste **YEARS**.
- 14) Take classes that help you become a **critical thinker** (e.g. statistics, debate, philosophy)
- 15) Limit your time in the "**toy department**" (e.g. music, art, sports, fraternities, sororities)
- 16) Make it a habit to move **outside your comfort zone**.
- 17) **Recognize your assets**. You are already tougher and more focused than your competition.
- 18) **Find your passion**. Explore through classes, internships, travel, and networking.
- 19) Once you find your passion, find a career in an industry that is rapidly growing.
- 20) Careers: industries that are growing rapidly, other countries, be willing to travel, and consider minoring in international studies or study a language.
- 21) **Go as far in school as you can go**. Attend the best school that accepts you.
- 22) Follow *Dr. McClure's 50 hours/week* technique.
- 23) **Get actively involved with SCS**. Mentorship, networking, internships, and educational programs.



Strategies for Success

By Dr. James T. London

**You are as smart as your competition
but you are not as well-prepared...**

Your background lacks some of the elements that are important to success:

Family Support

Community Support

South Central lacks a college-going culture

High School Preparation

Your high schools have NOT prepared you as well as your competition

Academic/Social/Financial Resources

You have not had the same access to resources (computers, newspapers, libraries, cultural experiences, travel) as your competition

The Keys to Success: Self-Discipline and Hard Work

Most successful people are more self-disciplined and work harder than their competition. To be successful you need to continuously work on the key of your life:

- Education/job/career
- Your physical health
BMI less than 19; low fat, low calorie diet; 30 minutes 5 days a week of aerobic exercise; 7 hours of sleep)
- Relationships/family/friends
- Finances/money
- Morals/ethics/integrity

Will you succeed?

South Central scholars come from some of the worst high schools in California and attend some of the best universities in the world. **Over 96% of all South Central scholars have graduated from college.** Some SCS classes have **40% of graduates going on to graduate or professional school.** Since this seminar started, the **average GPA of SCS scholars in the 1st year of college rose from 2.7 to 3.2.** The average GPA of a student in the 4th year of college at these elite universities is 3.7.

SCS graduates have already entered the workforce with companies like Merrill Lynch, Northrop, Wells Fargo, Price Waterhouse, Deloitte, Bay Cities National Bank, and many others. Almost all the rest of the SCS graduates are pursuing additional education in graduate school, law schools, medical schools, and professional schools.

The field still is not level but it is more level. You can succeed with hard work and self-discipline. Students from your high schools have already done it.



Review your progress for 5-10 minutes at the end of every day in each of the areas noting what you have done well and what you need to improve on.