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## SCHOLAR SUCCESS STORY:

### Berhane Azage

The staff and board of South Central Scholars would like to congratulate BERHANE AZAGE (Stanford graduate, 2009) on his recent acceptance to the renowned McKinsey consulting group!

Berhane is also completing his Masters in Electrical Engineering at Stanford University, where he graduated with outstanding academic scores. His long-time mentor, board member Eric Harrison in of Luminous Capital, gets much credit for his involvement with Berhane over the last five years.

Once again, congratulations Berhane, and good luck in your new career with McKinsey!



## Sponsors for Educational Opportunity (SEO): Career Programs

SEO's Internship Program provides career development opportunities for students interested in pursuing careers in the following areas:

*Accounting/Finance*

*Asset Management*

*Banking (Investment Research, Investment Banking, Sales & Trading, or Transaction Services)*

*Corporate Law*

*Global Corporate Leadership (Finance & Management Fast Track)*

*Information Technology*

*Philanthropy/TFA*

*SEO-U (Freshman & Sophomore Training)*

Students that participate in these programs receive a comprehensive internship experience with exposure to top executives of SEO partners. In addition, interns are supported through an extensive mentoring program.

Every program has its own eligibility requirements. To find out the requirements for the specific program you are interested in, go to [www.seo-usa.org/CareerEligibilityInfo](http://www.seo-usa.org/CareerEligibilityInfo).

**The FINAL round of applications for all programs EXCEPT Corporate Law is January 31, 2010.**

**The FINAL round of applications for the Corporate Law program is February 15, 2010.**

For more information and/or to apply, go to [www.seo-usa.org/Career](http://www.seo-usa.org/Career).

If your actions inspire others to dream more, learn more, do more and become more,  
you are a leader.

—John Quincy Adams

## Thanks for coming to our 2009 Holiday Get-Together!

On behalf of South Central Scholars, we thank you for making it to our January 2nd party at the Holy Trinity Church in Inglewood. It was a success with over 100 people in attendance, including current scholars, alumni, and mentors!

As we begin a new year and revive ourselves from the holiday festivities, we want to remind you of the important of staying involved with the South Central Scholars Foundation, taking advantage of our resources, and staying connected. If you haven't yet, add us on your Facebook! Search **South Central Scholars**.



## REMINDER!!

**Time to make plans for the summer! Think INTERNSHIP.**

If you haven't made arrangements for Summer 2010, you need to! As we stressed profusely at the 2009 Summer Business Conference at USC, [DO NOT WASTE YOUR SUMMERS](#). The #1 way to find out if you are making the right career choices is to experience the industry through an internship or shadowing opportunity. Requests for internships SHOULD HAPPEN between October and February, so ACT NOW! Here are some ways you can start making preparations to take advantage of this coming summer.

### Talk to South Central Scholars (SCS)

SCS's Jobs & Internships Program is meant to help connect you with potential internship opportunities through partner organizations, word-of-mouth referrals, and daily postings. While we have partners that we work with every year to provide internships, we can also work with our scholars on a case-by-case basis to find the best opportunity to meet your needs, or to provide other assistance, such as recommendation letters, referrals, or even introductions. To get started:

- 1) Visit the website at [www.southcentralscholars.org/scholar\\_center-career\\_resources](http://www.southcentralscholars.org/scholar_center-career_resources). View job postings and announcements that are updated regularly!
- 2) Contact the SCS office. Think HARD about what kind of opportunities you are interested in and contact Meredith at [meredith@southcentralscholars.org](mailto:meredith@southcentralscholars.org). In your email, attach your most updated resume and a general cover letter stating your interest and qualifications. In the body of the email, include your availability (start and end dates and weekly availability), transportation, cumulative GPA, and geography of where you can work (just LA or all LA County).
- 3) Follow up with Meredith on a monthly basis between now and March, and on a bi-weekly basis from April to June until you have been helped! The key words here are FOLLOW UP.

### Look Into On-Campus Resources

Whether you realize it or not, there are resources and departments provided by your school to help you with internships and career placement SPECIFICALLY. Do not overlook these programs as they are both free and targeted for you and your peers! To get started:

- 1) Visit your Career Center, EOP office, and/or other campus groups that work with students to provide job opportunities.
- 2) Make sure you submit your updated resume to them and give them a list of opportunities you are interested in.
- 3) FOLLOW UP.

**HEALTH & FITNESS**

By Meredith Curry

Starting with the January issue of the Scholar Monthly, we will fill this space with information, advice, and ways to get resources with regards to maintaining your health and fitness while in school or at work. In college, it is easy to excuse yourself from exercise or healthy eating because of all-night cram sessions, dormitory all-you-can-eat buffets, and all the walking you do around campus. The thing is, if you don't watch your health and work on staying fit now, it will come to haunt you in the long run. An unhealthy lifestyle affects your energy levels, ability to focus, and most importantly, your lifespan. In worst-case scenarios, being out of shape can make students more prone to illness, lead to laziness and fatigue, and contribute to symptoms of depression and similar psychological issues.

According to an article found on UniversityParent.com (see link below to read it), there are several common illnesses found among college students, which are the result of bad eating habits, lack of sleep, and lack of exercise. During a 2007 survey, the University of Minnesota Boynton Health Service learned that of students in Minnesota, it was learned that over 1/4 of students are diagnosed with a mental health condition, such as depression and anxiety.

With all the pressure of college, there are still many ways to balance college, good grades, and extracurriculars with a healthy lifestyle.

The South Central Scholars Foundation will be putting together Lifestyle groups to support students that have questions, concerns, or just want more information about how to incorporate healthy living into their busy lifestyles. **For more information, please email Meredith at [meredith@southcentralscholars.org](mailto:meredith@southcentralscholars.org).** And keep a look-out for next month's article from Dr. London!

**Scholarly Insight**

By Meredith Curry

Starting in the January issue, we are going to use this session to provide in-depth advice, stories, and lessons to learn from...all from our own scholars! *Scholarly Insight* will be provided by scholars with tales to tell that they feel are relevant to your perspective and your current experiences.

If you are interested in providing your own scholarly insight, email Meredith at [meredith@southcentralscholars.org](mailto:meredith@southcentralscholars.org). We would love to give you an opportunity to get published, and give you some experience with "public speaking" on a literary level.

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## JOBS

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### *La Plaza de Cultura y Artes Museum*

There are a number of job openings at this new and emerging cultural center dedicated to Mexican and Mexican American history, art, and culture. It is situated in a recently renovated historic site in the heart of Downtown Los Angeles at Main and Olvera Streets. Current job openings include: Administrative Assistant, Registrar, Curator of Education, Curator of History, Head Preparator, and Head Graphic Designer & Publications Manager. To read the job posts and apply, go to [www.lapca.org](http://www.lapca.org).

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## INTERNSHIPS

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### *Beckman Coulter Summer Intern Program*

Beckman Coulter, Inc.'s World Headquarters in Brea, CA hosts two "Intern Preview" days scheduled for the end of February 2010. The address is Beckman Coulter, Inc., 250 S. Kraemer Blvd., Brea, CA 92821.

*Corp Staff Majors (legal, HR, investor relations, communication, accounting/finance):* **February 26, 2010 9:00-11:00am.**  
*Science & Engineering Majors:* **February 26, 2010 1:00-3:00pm.**

To access the College Relations portal, go to [www.beckmancoulter.com/hr/employment/collegerelations/default.asp](http://www.beckmancoulter.com/hr/employment/collegerelations/default.asp). To RSVP for "Intern Preview" day, contact Meredith at [meredith@southcentralscholars.org](mailto:meredith@southcentralscholars.org).

### *Technion Science Camp (college Freshmen ONLY)*

Sci-Tech is a four-week intensive scientific research program at Technion scheduled this coming year from July 25, 2010 - August 20, 2010. Students who are selected for the program work one-on-one with faculty and PhD students at Technion. They are assigned to a specific research project based on their general fields of interest, and will be conducting university level research as part of a team with their faculty mentor once in Israel. Most universities in the United States provide credit for this summer program, and many students publish their research in peer-reviewed journals and elsewhere upon completion.

**The deadline to apply is March 30, 2010.**

For more information, go to [www.scitech.technion.ac.il/](http://www.scitech.technion.ac.il/).

To state your interest in being considered for this program, contact Meredith at [meredith@southcentralscholars.org](mailto:meredith@southcentralscholars.org).

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## FINANCIAL AID EVENTS & DEADLINES

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### *Free Application for Federal Student Aid (FAFSA)*

The online application opens up on January 1, 2010 and is **due on March 2, 2010**. To get a head start on filling it out and getting the checklist, go to [www.fafa.ed.gov](http://www.fafa.ed.gov).

### *SCS Financial Aid Workshop*

SCS will be hosting its 2010-2011 **Financial Aid Workshop on January 2, 2010 at 1:00pm**. Registration is available online at [www.southcentralscholars.org/get\\_involved-calendar\\_of\\_events](http://www.southcentralscholars.org/get_involved-calendar_of_events).

### *SCS Renewal Scholarship Application*

SCS will post its Renewal Scholarship Application for current undergraduate scholars beginning in **June of 2010**. The application will be available online at [www.southcentralscholars.org/scholar\\_center](http://www.southcentralscholars.org/scholar_center).

**To stay IN THE LOOP, go to**

**[www.southcentralscholars.org/scholar\\_center](http://www.southcentralscholars.org/scholar_center)**

CALENDAR OF EVENTS

JANUARY 2010 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 1p Financial Aid Workshop 3:30p SCS Holiday Get-Together
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28 6p Alumni Association Meeting (call)	29	30

**Other events TBA:**

UC Los Angeles Luncheon  
UC Irvine Luncheon

FEBRUARY 2010 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17 6p 2010 SCS Benefit	18	19	20
22	23	24	25	26	27

**Other events TBA:**

Career Planning & Job Placement Panel  
Loyola Marymount Luncheon

To stay IN THE LOOP about upcoming events in the following months, go to [www.southcentralscholars.org/Get Involved-Calendar of Events!!](http://www.southcentralscholars.org/Get_Involved-Calendar_of_Events!!)